



American
Red Cross

**Prepare
with Pedro!**



UNITED WAY
Southern Nevada

verizon





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Prepare with Pedro!

HOME FIRE ㊦



**Hi! I'm Pedro!
I'm learning how
to prepare for
emergencies.**





Prepare means “get ready.”

You get ready for things all the time — like when you put on a jacket and grab an umbrella to get ready for a rainy day.

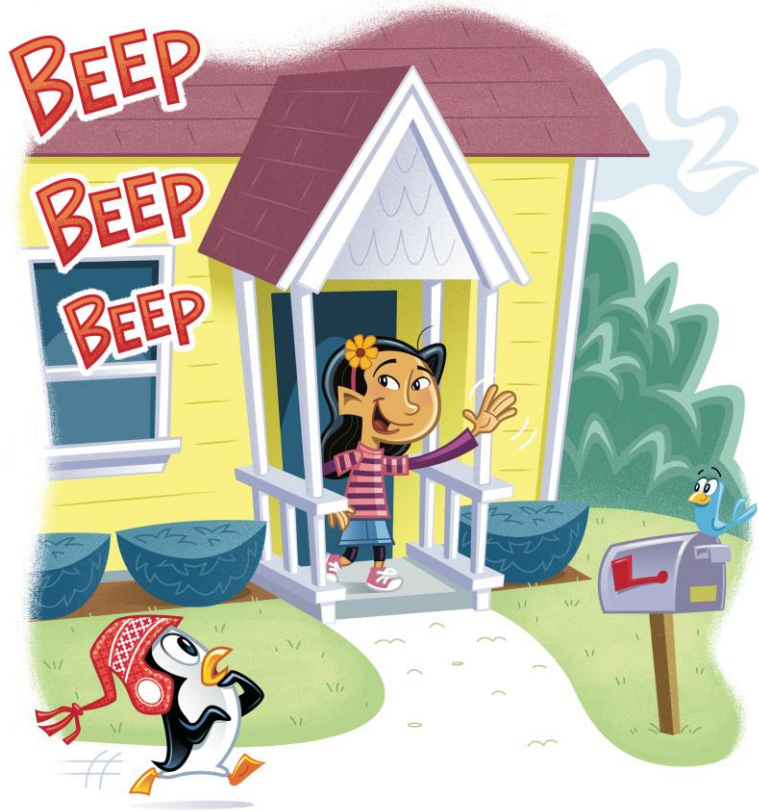
I want to be ready for any emergency, so I’m learning how to help stay safe when emergencies happen.



**You can prepare
for emergencies, too!
Just follow me!**



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“Pedro heard a loud sound at his friend Mia’s house.

“What’s making **that BEEP-BEEP-BEEP** sound?” he asked.”

It’s the sound a smoke alarm makes,” said Mia. “We just tested ours and practiced our escape plan. Let me show you!”

**BEEP-BEEP-BEEP, SMOKE ALARMS, ESCAPE PLAN, GET LOW AND GO,
MEETING PLACE, GET OUT AND STAY OUT**



“My mom tests our smoke alarms once a month and we practice our escape plan twice a year!”

“Why?” asked Pedro.”

To BE PREPARED!” said Mia.
“**SMOKE ALARMS** warn us when there’s a fire and practicing our **ESCAPE PLAN** helps us be sure we can get outside quickly. Let’s practice together!”



“When a smoke alarm goes BEEP-BEEP-BEEP, we need to TAKE ACTION and get outside in less than 2 minutes.”



“We **GET LOW AND GO**,
especially if we see smoke,
so we’re close to the floor,
where the air is cleaner.”



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“Once we get outside, we go to our **MEETING PLACE**, which is a spot a safe distance from the home that everyone knows to meet at,” said Mia, “and most importantly, we **GET OUT AND STAY OUT**, we never go back into a burning home!”



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“Thanks, Mia,” said Pedro.

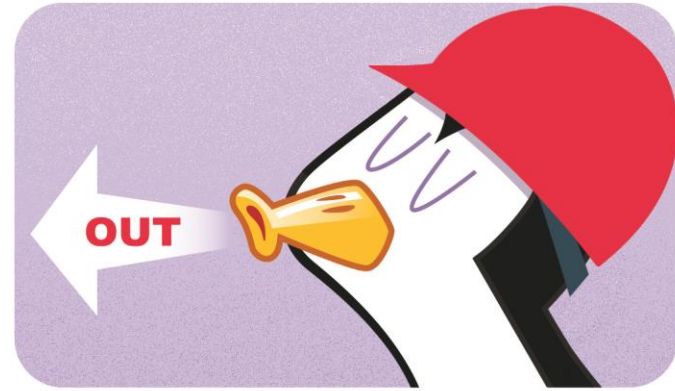
**I’m glad I learned what to do in
case of a home fire. Now I know
how to help stay safe!”**



**Wow!
Practicing for emergencies
is exciting. But it makes
me feel nervous, too.
So I take big, slow
breaths to calm down.**



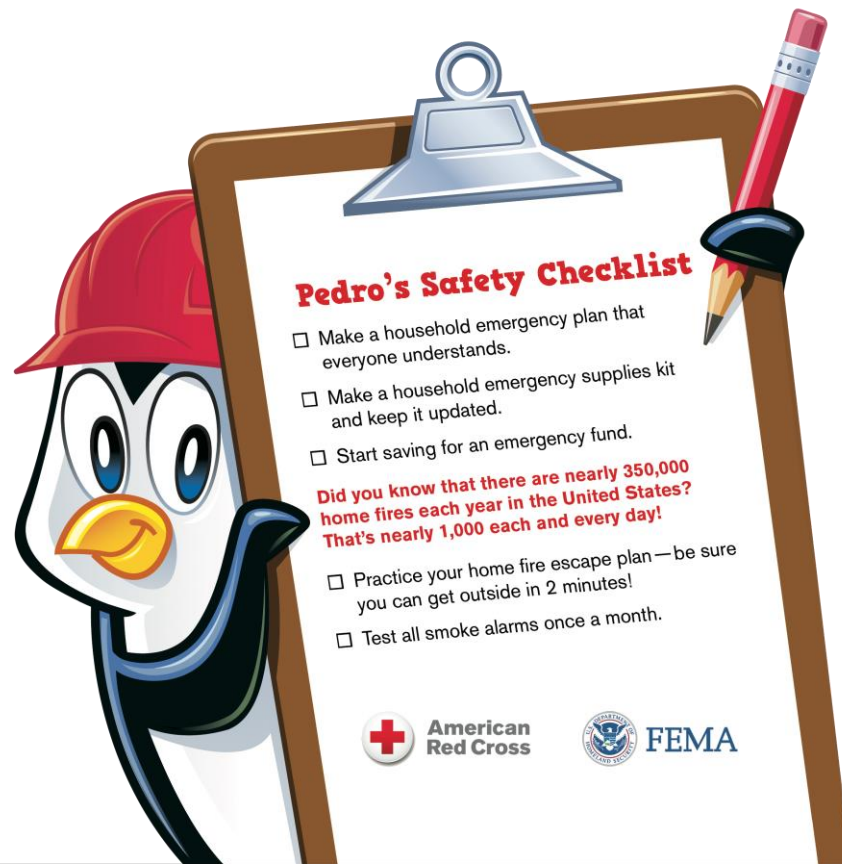
**Breathe in slowly through
your nose, like me.**



**Then breathe out slowly
through your mouth.**

**After just five or six
breaths, I feel better and
start to relax. Try it
yourself and see!**







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**Prepare
with Pedro!**

Thank you!